



No-Prep Therapy Activity: All About My Mom/All About My Dad

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The months of May and June in the United States bring warmer weather, the transition to fun summertime activities, and holidays dedicated to celebrating parents on Mother's Day and Father's Day. While there are many ways to recognize the love and care provided by dedicated moms and dads, there can be something very special about helping children honor their loved ones with personalized gifts. It is not uncommon for parents to cherish handprint art, drawings, or handmade cards created by their children. Sometimes, teachers and therapists may be the only caregivers helping children plan for holidays or encouraging them to make that meaningful gift.





One special—and sometimes hilarious—way to help young children honor their parents is by providing them with a series of questions that they can answer about Mom or Dad. You can use the attached printable prompts during therapy or class activity sessions to help clients address vocabulary, articulation, handwriting, or question-answering goals. As a bonus, parents are bound to be entertained (and maybe even touched) by some of the answers their young children produce!

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| My mom's name is |
|--|
| She is years old. |
| My mom's favorite thing to do is |
| I love it when my mom |
| My mom's favorite food is |
| My mom is really great at |
| Her favorite color is |
| I think my mom is funny because |
| · |
| I know my mom loves me because |
| · |
| Three words that describe my mom are, |
| , and |
| My favorite thing to do with my mom is |
| Her favorite movie is |
| The one thing I hear my mom say a lot is |
| I love my mom because |
| · |

4 Happy Mother's Day! C

Love, ______
Date:





| My dad's name is |
|--|
| He is years old. |
| My dad's favorite thing to do is |
| I love it when my dad |
| My dad's favorite food is |
| My dad is really great at |
| His favorite color is |
| I think my dad is funny because |
| |
| I know my dad loves me because |
| |
| Three words that describe my dad are, |
| , and |
| My favorite thing to do with my dad is |
| His favorite sport is |
| The one thing I hear my dad say a lot is |
| I love my dad because |
| |
| |



Love, _____

